



## Good Morning

*We'll take your order for cooked breakfast and hot drinks.  
Please help yourself to today's selection of cereals, yoghurts,  
fresh fruit, local breads and pastries.*

### WAKE AND STIR

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#### Tea & Coffee

Cornwall-roasted coffee,  
a selection of teas

#### Barista Coffee

from espresso to latte and  
all points in between,  
from £2.90

### SUSTAIN YOUR DAY

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#### Cornish

egg, Primrose Herd sausage,  
hash brown, field mushroom,  
roasted tomato, Primrose Herd  
dry-cured bacon, beans

#### Cornish Vegan

vegan sausage, hash brown,  
sautéed pak choi,  
field mushroom, roasted  
tomato, beans

### EGGS, YOUR WAY

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#### Boiled Egg & Soldiers

please help yourself

#### Smoked Salmon

with silky scrambled eggs

#### Florentine

poached egg, spinach, toasted  
muffin, hollandaise sauce

#### Benedict

poached egg,  
Cornish ham, toasted muffin,  
hollandaise sauce

#### Royale

poached egg, smoked  
salmon, toasted muffin,  
hollandaise sauce

*Please let us know of any allergies: we may have just  
the thing to kickstart your day.*