



WAKE AND STIR

Tea & coffee

locally-produced teas,
fresh Cornwall-roasted
coffee

Juice

crisp cloudy apple
orange with juicy bits

FEEL GOOD

Toast

mixed toast, jam,
marmalade, honey

Bircher | GF DF VG

apple & cinnamon
seeded bircher muesli

Yoghurt | GF

fresh Cornish yoghurt,
summer berry compote

Fruit | GF DF VG

fresh fruit salad

Home-cooked pastries

pain au chocolate,
all butter croissant

SUSTAIN YOUR DAY

Smoked salmon & scrambled egg

silky smooth scrambled
Cornish eggs with
smoked salmon

Cornish Breakfast

Colin Carter egg,
Primrose Herd sausage,
hash brown, field
mushroom, roasted
tomato, Primrose Herd
dry-cured bacon, beans

Cornish Vegan

vegan sausage, hash
brown, sautéed local
greens, field mushroom,
roasted tomato, beans