



WAKE AND STIR

Tea & coffee

locally-produced teas,
fresh Cornwall-roasted
coffee

Juice

crisp cloudy apple
orange with juicy bits

FEEL GOOD

Toast

mixed toast, jam,
marmalade, honey

Granola | GF DF VG

St Michaels house
granola. banana, brazil
nut, maple

Yoghurt | GF

fresh Cornish yoghurt,
summer berry compote

Fruit | GF DF VG

fresh fruit salad

Home-cooked pastries

pain au chocolate,
all butter croissant

SUSTAIN YOUR DAY

Eggs Florentine

poached egg, spinach,
english muffin,
house hollandaise

Cornish Breakfast

Colin Carter egg,
Primrose Herd sausage,
hash brown, field
mushroom, roasted
tomato, Primrose Herd
dry-cured bacon, beans

Cornish Vegan

vegan sausage, hash
brown, sautéed local
greens, field mushroom,
roasted tomato, beans