

[YOUR PLACE TO TRAIN]

ST MICHAELS
HEALTH
CLUB

membership@stmichaelsresort.com

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	Monthly		6 Months		12 Months	
	Peak	Off-Peak	Peak	Off-Peak	Peak	Off-Peak
TOTAL ACCESS	£171	-	£966	-	£1884	-
WELLNESS	£114	-	£596	-	£1,139	-
FULLY INCLUSIVE	£72	£56	£368	£294	£704	£557
GYM ONLY	£50	£41	£263	£221	£499	£415
SWIM ONLY	£50	£41	£263	£221	£499	£415
STUDENT	£55	£49	£284	£251	£540	-
3 YEAR STUDENT MEMBERSHIP £1500						

£30
JOINING
FEE
apart from pre-paid
memberships

**INDIVIDUAL
CLASSES**
Non-Member £12

PERSONAL TRAINING

	Member	Non-Member
1 HOUR	£45	£50
5 SESSIONS	£203	£238
10 SESSIONS	£382	£425
20 SESSIONS	£742	£825

SWIM LESSONS

	Member	Non-Member
SWIM LESSON 1-1	£25	£28
2-1 SWIM SESSIONS	£17pp	£19pp
10 SWIM SESSIONS	£214	£238

HEALTH CLUB PASSES

1 MONTH PEAK	£79
ADULT DAY PASS	£20
CHILD DAY PASS	£10
1 WEEK HOLIDAY PASS + TOWEL USE	£50PP
CHILD OF MEMBER & UNDER 2's	£6

EXTRAS

TENNIS COURT	£8
1 X TOWEL USE	£4
MONTHLY TOWEL USE	£10
CHILDREN ANNUAL SWIM MEMBERSHIP	£175 (£100 per additional child in family)

CHOOSING YOUR MEMBERSHIP

OUR OPENING TIMES

	WEEKDAYS	WEEKENDS
PEAK	6AM-9:30PM	7AM-9PM
OFF PEAK	9AM-3PM	3PM-9PM
CHILD SWIM TIMES	10AM-12PM & 3PM - 6PM	9AM-12PM & 3PM - 6PM

FULLY INCLUSIVE

Access to the largest and best-equipped health club in Cornwall. Enjoy the indoor swimming pool, gym and over 100 classes a week.

GYM ONLY

Our Gym Only Membership gives full access to the equipment and space available on the gym floor.

SWIM ONLY

Our Swim Only Membership gives full access to the 17 metre pool, sauna and steam room.

WELLNESS

Includes all features of Fully Inclusive Membership, as well as:
One 60 minute Personal Training session per month
One 2 hour Hydrothermal Experience per month
Access to Health Screening consultations
20% off all spa facials Monday to Friday
20% off personal training

TOTAL ACCESS

Includes all features of Fully Inclusive Membership, as well as:
Unlimited Hydrothermal Experience
Unlimited half price guest entry to Hydrothermal Experience
20 % spa treatments
20% discount on personal training sessions and health club retail.
10% discount at our Brasserie on the Bay.

