



## A GLASS TO START

Camel Valley Brut, UK, Cornwall | 125ml | 13

Amie X Organic Rosé, France, Languedoc, 2023 | 175ml | 12

Hahn, Pinot Noir, USA, California, 2021 | 175ml | 14

Fig Leaf Mizuwari | Loveday kissing gate, umeshu, orange & mandarin, fig leaf cold tea | 14

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## SNACKS

Marinated Gordal olives | GF, VG | 5

Smoked almonds | GF, N, VG | 4

Crispy fried dill pickles | E, VG | 4

Chips & dips | E, GF | 6

Homemade focaccia | G, V | 5

Gildas | F, GF | 4

*Mediterranean olives, anchovies, tomato*

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## SMALL PLATES

Butter bean hummus, rose harissa, za'atar, pitta | G, GFO, S, VG | 6

Charred sweetcorn ribs, hot honey, toasted sesame | GF, S, V | 7

Spiced cauliflower taco, romesco sauce, pickled red cabbage, yoghurt | GF, N, VG | 9

Chorizo picante, roasted pimentón, cider glaze | GF | 8

Heritage tomatoes, buffalo mozzarella, basil vinaigrette, mint | D, V | 10

Grilled Cornish red mullet, sauce vierge, confit fennel | GF, F | 13

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## SALADS

8 Small | 15 Large

Greek salad, confit garlic, rosemary marinated feta | D, VGO, V

Pea, courgette, tenderstem salad, maple vinaigrette, toasted seeds | VG

Kisir spiced tomato bulgur wheat, tomato, spring onion, pomegranate | G, VG

*V - Vegetarian | D - Dairy | N - Nuts | G - Gluten | E - Eggs  
F - Fish | S - Sesame | C - Crustaceans | VG/O - Vegan*



# Nourish



## LARGE PLATES

Crispy calamari, fries, lemon and herb aioli | E, F | 14

A selection of Duchy charcuterie, fennel salami, spinata speck, cornichons, sun dried tomatoes, toasted sourdough | G, GFO | 16

Smash burger, gouda, relish, iceberg, onion, beef tomato, gerkin, fries | D, E, G, GFO, S | 16

BBQ pork belly brioche, apple and fennel slaw, cider aioli, fries | D, E, G, GFO, S | 14

Grilled courgette ribbons, fresh peas, toasted pine nuts, ricotta on sourdough toast with a dressed leaf salad | D, G, N, V | 12

Cornish crab on sourdough toast, pickled cucumber, sliced radish, crab mayo with a dressed leaf salad | C, E, D, G | 17

Mussels and fries, white wine, shallot | C, D | 15

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## PIZZAS

*Homemade Italian base, gluten free bases available, sizes 9" / 12"*

Margherita | D, G, V, VGO | 10/13

Fresh mozzarella, rich tomato sauce, fragrant basil

Salami Picante | D, G, | 12/15

Spicy salami, fresh mozzarella, tangy tomato sauce, basil, a drizzle of sweet honey

Giardino | D, G, N, V | 12/15

Creamy ricotta, tenderstem broccoli, vibrant pesto, and thinly sliced fennel

Siciliana | D, F, G | 12/15

Robust tomato sauce, briny olives, savoury anchovies, onions, pecorino

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## DESSERTS

Chocolate & sea salt tart, clotted cream | GF, VGO | 9

Lemon, pistachio, olive oil cake with whipped ricotta & honey | D, GF, N | 9

Affogato, espresso, vanilla ice cream | D, E, GF, VGO | 5

Raspberry tartlet | G, D, E, N | 9



*Your food is freshly prepared to order. If you have any allergies or dietary requirements, please inform a member of staff before ordering. Further allergen information is available upon request.*