



FITNESS INSTRUCTOR

Department: Health Club
Reporting to: Health Club Manager and Supervisors
Reports: n/a

ROLE OVERVIEW

We are looking for an energetic and hard-working Fitness Professional to join our crew. Keen to WOW our guests and your fellow crew, you will play a key role in providing an amazing experience for our guests. Working as part of a passionate team to assist in the day to day operations of one of the leading Health Club's in Cornwall. We are looking for the perfect person to drive the wellness side of the health club forward, helping to plan and deliver yoga workshops and retreats.

In addition on shift the candidate will be expected to;

- ✓ Create a friendly and welcoming atmosphere in the gym
- ✓ Carry out gym inductions to all new members ensuring they feel part of our club
- ✓ Provide personal training sessions to a range of different people/abilities
- ✓ Teach fitness classes in an engaging and uplifting manner
- ✓ Take pride in maintaining the highest standards of cleanliness and safety
- ✓ Have a flexible approach.

REQUIREMENTS

You have at least 12 months previous experience in a similar environment

Level 2 Gym Instructor

Level 3 Personal Trainer (preferred)

Yoga, Pilates, Barre teacher desired

Adequate command of the English language both verbal and written

Be able to demonstrate a high standard of work and attention to detail.

A self-starter who uses their initiative, you can also work within a team.

Be able to demonstrate a polite and helpful manner when dealing with guests as well as a respect for their privacy.

Have a flexible working ethic as the role will require you to be fully flexible in your availability with both AM and PM shifts available.

Must be available to work over the Christmas and New Year period including the Bank Holidays

WHAT WE LOOK FOR IN OUR CREW

Passionate about working in Wellness

A commitment to fully sign-up to our ethos, mission and values

An understanding of what amazing guest service looks like and how your role fits into this

An active, involved member of our wider crew

Great eye for detail

A willingness to learn and develop throughout your career with us

BENEFITS

Incentive scheme

28 days paid holiday (pro-rata for part-time staff)

Meals on duty

Preferential rooms rates*



25% staff discount on food and drink
25% discount on Spa treatment and retail products*
Discounted membership to the Health Club*
Partner discounts*
Professional development
Uniform supplied
*subject to availability and eligibility

Please note we are unable to offer live-in accommodation for this role.

REMUNERATION

£6.15 - £8.21 per hour

HOW TO APPLY

Please send a copy of your CV and covering letter detailing your suitability for the role to recruitment@stmichaelshotel.co.uk. Due to the large number of applications normally received, regretfully we are only able to reply to candidates who have been shortlisted. We reserve the right to close this campaign early should we receive high numbers of applications.