

5 - 9PM

Nourish

SNACKS

Castelvetro olives | 4.5
Mixed root salted crisps | 5
Sweet & salty mixed nuts | 5
Focaccia, rosemary, garlic confit oil | 6.5

CORNISH TAPAS

Order a few for the table

Daily catch, fennel & dill salad, anchoiade 14	Marinated squid & chorizo, parsley, lemon, potato 8.5
Sweetcorn hummus, caramelised fennel, warm flatbread 8.5	Roast aubergine, almonds, tomato, salsa verde 9
Spiced cauliflower taco, romesco sauce, pickled red cabbage, spiced yoghurt 8.5	Burrata, burnt plumb, pepper & tomato salsa, herb oil, crostini 12

LARGE PLATES

Salad nicoise, tomato vinaigrette, feta | 23

Lemon roast chicken, miso mayonnaise, rocket, parmesan, chilli, avocado & tahini dressing | 26

Charred tenderstem & cucumber, citrus creme fraiche, coriander pesto | 21

WITH A VIBRANT SALAD

Choose one or have a selection to go with your large plate, all served with mint yogurt and nigella seeds

Bulgar & chickpea chaat, whipped lime tahini, coriander

Pea, spinach & feta, spring onion, house vinaigrette, parsley & mint

Cornish mid potatoes, olive, dill, grain mustard vinaigrette

PIZZA

Freshly stonebaked 12" | 9"

Classic Margarita 12 / 9 <i>Mozzarella, basil</i>	Gochujang hispi 14 / 9.5 <i>Red onion, whipped peanut butter</i>
Salame Piccante 15 / 10 <i>Mozzarella</i>	Chicken caesar 14 / 9.5 <i>Parmesan, anchovy</i>

Your food is freshly prepared to order. For allergies and dietary requirements please discuss with us before ordering.